



## Longwood 50+ Center September 2018

Days of Operation: Tuesday 8:30am – 3:00pm Wednesday 8:30am – 4:00pm

6150 Foreland Garth Columbia, MD 21045 410-313-7217

Director: Kari Weidner

## www.howardcountyaging.org

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Monday	Tuesday	Wednesday	Thursday	Friday
September 3, 2018	September 4,2018	September 5, 2018	September 6, 2018	September 7, 2018
	中国式健身操	中国式健身操		
	9:00am	9:00am		
<b>************************************</b>	钩编/针织	中国歌曲 & 尊巴舞		
	10:00am	10:00am		
	午餐 12Noon	午餐 12Noon		
LABOR DAY	乒乓与游戏	乒乓与游戏		
	1:30-3:00pm	2:00-4:00pm		
Monday	Tuesday	Wednesday	Thursday	Friday
September 10, 2018	September 11, 2018	September 12, 2018	September 13, 2018	September 14, 2018
	中国式健身操	中国式健身操		
	9:00am	9:00am		
	钩编/针织	中国歌曲 & 尊巴舞		
	10:00am	10:00am		
	午餐 12Noon	午餐 12Noon		
	乒乓与游戏	乒乓与游戏		
	1:30-3:00pm	2:00-4:00pm		
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Monday	Tuesday	Wednesday	Thursday	Friday
Monday September 17, 2018	Tuesday September 18, 2018	Wednesday September 19, 2018	Thursday September 20, 2018	Friday September 21, 2018
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•	September 18, 2018	September 19, 2018	•	•
•	September 18, 2018 中国式健身操	September 19, 2018 中国式健身操	•	•
•	September 18, 2018 中国式健身操 9:00am	September 19, 2018 中国式健身操 9:00am	•	•
•	September 18, 2018 中国式健身操 9:00am 钩编/针织	September 19, 2018 中国式健身操 9:00am 答对了	•	•
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